

About Friend of Singa

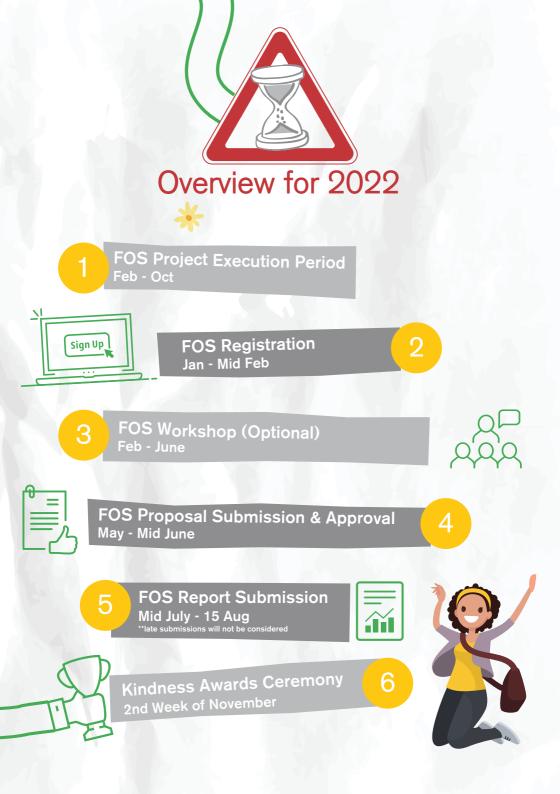
The Friend of Singa (FOS) programme began in 1990 with the purpose of cultivating desirable behaviours and values in students. Building on the notion "Choose _____, Choose Kindness.", the 32nd edition of FOS seeks to empower students to be active Agents of Kindness, extending little acts of kindness beyond themselves, to their schools, families and communities.

How to be a Friend of Singa School

Register your school's interest to participate at **fos.kindness.sg**

Upon registration, a confirmation email will be sent to verify your school's participation.

By registering, your school indicates a commitment to deliver at least a Kindness Initiative/Campaign and will be recognised as a Friend of Singa School at the end of the year at our Kindness Awards Ceremony.



Programme Timeline





FOS Registration January - Mid Feburary



- Secondary Schools to register their interest at **fos.kindness.sg** A confirmation email will be sent to registered schools, and will consist of a unique OneDrive folder link for each school (for uploading proposals and reports)
- Teacher(s) to gather **up to 3 groups** of students per school (no capacity limit per group) to run their FOS Kindness Campaign(s)



Title: How to Implement a Digital & Physical Campaign? Duration: **3 hours** Max. no. of students per workshop: **40**

Register for the workshop at **fos.kindness.sg**. Registration is on a first come first served basis. Each school is entitled to a maximum of one workshop (subject to availability). For more information, please email **adeline@kindness.sg**

*Mode of workshop delivery is subject to changes based on social distancing measures.

FOS Proposal Submission May - Mid June

- Proceed to ideate and draft your FOS Proposal(s)
- Participating schools are required to submit at least one proposal (max. 3) for SKM's approval before implementing their campaign(s)
- Each school is entitled up to \$200 funding per school (regardless of the number of approved proposals)
- A copy of the Proposal template can be downloaded under the resource tab at fos.kindness.sa
- Proposals are to be submitted via upload to your school's unique OneDrive link
- Kindly email adeline@kindness.sg to inform SKM of your submission



Your campaign should seek to make an impact on graciousness in your school at different levels:



- FOS Proposal Approval May Mid June
- Proposals will be approved 2 to 3 weeks after submission
- · Teachers will receive an update on their project's approval status via email
- Students may proceed to implement their projects upon approval



5 FOS Report Submission

- Reports are to be submitted (uploaded) via your OneDrive link, shared with teachers during the FOS registration phase
- Contact Adeline at <u>adeline@kindness.sg</u> to retrieve your OneDrive link if you have misplaced it
- Email <u>adeline@kindness.sg</u> after uploading to inform SKM of your submission
- Late submissions will not be considered

Have you submitted all these documents?

Project Report Document

(in Word format)

Signed and stamped FOS claim form + attached photocopy/photos of original receipts

(if applicable)

Photo/video files of projects/ campaigns

(do NOT attach them within the Word document or pdf file)



Your school logo in high resolution

(preferably in .png or .ai format)

Kindness Awards Ceremony Nov 2022

Invitations to the annual Kindness Awards Ceremony will be emailed to all participating schools.

Students and teachers involved in the implementation of their Kindness Campaigns will be invited to attend the Kindness Awards Ceremony in November, where they will be recognised as Agents of Kindness.

Participating schools will also be recognised as a Friend of Singa School and will be awarded based on the number of years of sustained participation in the programme.

Be a Friend of Singa!

For more information, contact:

(Ms) Adeline Poh adeline@kindness.sg

Register as a Friend of Singa School @ fos.kindness.sg

